

PREREQUISITE STEPS TO KNOW BEFORE ENTERING BEYOND BEGINNER CLASSES

(NB: Steps listed below are the introductory beginner basic steps that were/are taught at this Summer's Fund Raiser Dance Lessons, and previously at Dance North Classes 2022/2023).

WALTZ	CHA CHA CHA – October – Sunday Nights
Progressive Basic	Basic to the Side
Natural Turns	Basic Forward and Back
Reverse Turns	Basic with Ladies Turn
Balance Steps	Ladies Figure 8 Turns
Hesitations	New Yorks
Whisk, Chasse, 123 of Natural Turn	Hand to Hand
Hesitation Change	Solo Turns
Promenade A, B, C,	Shoulder to Shoulder
Turning Box	Chase
Turning Box with Ladies Turn	3 Chas

FOXTROT - November – Sunday Nights	RUMBA – December – Sunday Nights
Progressive Basic	Basic to the Side
Basic Running Step	Basic Forward and Back
Zig Zag	Basic with Ladies Turn
Promenade A, B, C	Ladies Figure 8 Turns
Side Sway A, B, C	New Yorks
Sway Turn for Corner	Hand to Hand
Check Step	Solo Turns
Stagnant Box	Shoulder to Shoulder
Turning Box	Arm to Arm (Alternating Arms with change of sides)
Turning Box with Ladies Turn	Sweetheart – Change of Sides

Individuals should feel confident in the above steps before moving to a Beyond Beginner/ Intermediate Class. If you have had most of the above steps previously – but feel rusty on them – you are welcome to come out as we do a review on the first night.

A quick review will be done at the first lesson of each 4 week group. Thereafter a review of the previous week's step(s) will be reviewed at the beginning of each lesson.

For anyone missing or forgetting any of the listed steps, but feel ready to move on, please contact me for a review.